

**FRONSAC REAL ESTATE INVESTMENT TRUST
ANNOUNCES THE RESIGNATION OF ITS CHIEF FINANCIAL OFFICER
AND APPOINTMENT OF HIS SUCCESSOR**

TSX VENTURE EXCHANGE : GAZ.UN FOR IMMEDIATE RELEASE

MONTREAL, QUEBEC - November 14, 2013 - Fronsac Real Estate Investment Trust ("Fronsac REIT") announced today that its Chief Financial Officer, Mr. Etienne Lapointe, informed the Board of Trustees that he will leave his position on December 31st.

Commenting on the resignation, President Michel Lassonde stated: "I thank Mr. Lapointe for all the energy he has devoted to the affairs of the Trust and I wish him the best of luck in the pursuit of his projects".

The Board of Trustees has also made the appointment of Mr. Patrick Bazinet as Chief Financial Officer, effective after the departure of Mr. Lapointe. Mr. Bazinet is a trustee of Fronsac REIT and has a good understanding of the financial workings of the trust.

About Fronsac

Fronsac Real Estate Investment Trust is an open-ended trust that acquires and owns high quality commercial real estate properties, rented to strong tenants under long term, management free and net leases.

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For further information please contact Michel Lassonde, President at (450) 536-5328.